

Spinach and Strawberry Salad

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This unusual salad is a brilliant dish to serve as a starter. If you want to, add some ricotta cheese to add texture and flavour. Season with cracked black pepper if you like, as this goes brilliantly well with strawberries.

Ingredients:

500g baby spinach leaves, washes
10 large strawberries
100g caster sugar
250ml vegetable oil
65ml white wine vinegar
1 tbsp. black poppy seeds
Salt and pepper

Directions:

1. Blitz the caster sugar, oil, vinegar, salt and pepper in a blender. Stir in the poppy seeds.
2. Wash the spinach and thinly slice the strawberries. Toss the spinach and strawberries together with the dressing just before serving.

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